

### **Abstract**

A fitting for lift-slide doors or windows has at least one running shoe located on a bearing element so that the shoe can be moved along a longitudinal running shoe axis relative to the bearing element for raising and lowering the door or window sash. A coupling element connects the at least one running shoe for this movement with a drive element such as a drive rod, located on a vertical section of the sash frame. The forend rail is a flat band that is wider than the width of the drive rod.